Finding Your “Natural” Golf Swing... And Making it Work on the Course

by Darrell Klassen
FINDING YOUR “NATURAL” GOLF SWING AND MAKING IT WORK ON THE COURSE

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Darrell Klassen is a PGA Golf Professional and Certified Golf Sports Psychology instructor. He has been teaching golf for over 50 years, and his instruction is sought by golfers from around the globe.

He has coached players from every level of play imaginable, and he makes the game simple and easy for all golfers from beginners to PGA and LPGA tour players. Darrell teaches in Visalia, California.

“There are many theories on teaching the golf swing, but Darrell cuts through all the nonsense. He gets right to the talk with simple thoughts and down-to-earth logic. He will help you understand the golf swing without having to run though a checklist before each swing.”

- Dean Glass, Past President, Northern California Golf Association

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If you’ve ever struggled with being able to “take it to the course” then this will help you learn to get it done. It has been said that the longest walk in golf is from the driving range to the first tee. We all tend to lose it during that short space of time.

The Big Secret to Taking it to the Course.

No one will ever learn how to “take it to the course” until they can discover how to utilize their own, personal, “natural” golf swing.

This report reveals a mental exercise (or “brain trick” if you will), and it will change your golf game forever, if you will take the time to practice it a bit and learn it.

Once again, I am not talking about a complete novice being able to play good golf, without understanding and being able to perform the basics of swinging a club and contacting a golf ball in a manner which will make it become airborne on a consistent basis. I’m talking about you being able to take your present level of ability to the course with WAY LESS pressure and stress.

Every golfer in the world, including any and every tour player you would like to name, has had to learn how to “take it to the course” on a daily basis, and this report will show you how to accomplish that task, faster than anything else I have ever seen. I am not
only a PGA Teaching Professional, having taught the golf swing for nearly 50 years, but
I have also been a Certified Golf/Sports Psychology Instructor for over twenty years,
and the toughest part of the game of golf is learning how to go out and play your best on
a regular basis.

Keep in mind, playing our best does NOT mean shooting 65 every time we tee it up.
It simply means we are able to hit good consistent golf shots on a regular, daily basis.
My best today may only be 72, while my best yesterday was a 67. For you it might
mean shooting 85 one day and 92 the next, but it also means you will be making good
consistent contact and hitting good consistent golf shots every time you go to the golf
course. None of us can predict our score before we play a hole, but we can consistently
be pretty happy with our ball striking for the day.

Golfers have asked me for nearly fifty years how we professionals are able to play
tour quality golf—you know, pretty consistently our best golf—practically every time we go
to the golf course. Everyone thinks there is a “magic” swing thought, or a “special
secret,” that we are never willing to share with the average golfer. However, nothing
could be further from the truth.

If you are one of those golfers who have been tricked into thinking this, it's no wonder
you are still struggling with your game. Stop and think with me for a minute. None of us
can help but drool, every time we see Ernie Els swing the club. There isn't one among
us who wouldn't give his or her last retirement dollar to play the game like Tiger Woods.

How about Freddie Couples swing? And how would you like to hit the ball like he
does, with no more effort, seemingly, than he uses? Yeah! I'm right there with you. You
can count me in on that deal.

What about Bubba Watson swing? This guy has NEVER had a golf lesson in his life,
and here he is playing the greatest tour in golf, the PGA Tour. Have you ever really
taken a good look at his golf swing, though, or had the pro at your club critique it for
you? It is a MESS, compared to most of the rest of the tour players, but Mr. Watson
doesn't seem to care. He makes a ton of money our there, and I will guarantee you he's
having a GREAT time doing it!

I could go on and on, but for the sake of time I won't do that. The gist of this whole
thing is to attempt to get you to see that there are almost as many golf swings on the
PGA Tour as there are golfers. NO ONE has “the perfect” golf swing. That’s because it simply does not exist.

You had better get on what I call your “catcher’s mitts” and listen up on this one. (When I was a little guy running all around the house and yard, my dad would call our ears our “catcher’s mitts.” He would tell us to cup our hands behind our ears, so we could hear, because he was about to tell us something important.)

You were born with a “perfectly natural” golf swing, FOR YOUR BODY AND MIND. However, like all the rest of us, you started reading golf instruction, and possibly taking some golf lessons, and/or listening to all of your good golfing buddies, who have also done all of the above. As soon as you started doing this, your mind began to interpret it and to put it all together, so you could become a “scratch” golfer—I tell my students who have done this that they are only going to become a legend in their OWN MIND.

We were all born with our own perfectly natural golf swing, the one which is our own personal “perfect swing.” This is the golf swing we never have to think about. You know the one I am talking about, the one you use, NATURALLY, and without having to THINK about it, when you are making a practice swing.

I have yet to meet a golfer who hasn’t told me he or she has a great practice swing, but then it all goes into the toilet when they step up to the golf ball. You’ve been there, the same as all the rest of us. It is the number one thing every golfer in the world would pay anything to learn—how to “take it to the course”—or or how to hit the shot they need at this very moment.

Well, you have come to the right place this time. In this report, you are going to learn HOW TO LEARN HOW TO DO IT. Did you get that? You might want to read it again, just to be certain. I said I am going to teach you HOW to LEARN how to do it.

Zig Ziglar went to be with the LORD in December, 2012. He was one of the pioneers in the field of positive thinking, and he was known worldwide as one of the greatest sales and motivational speakers and trainers of all time. He was a good friend of mine. We used to play golf together two to three times a month, for several years, in the 1970’s. I owe a great deal of gratitude to Zig for the marvelous influence he had on my life and my success.
Golfers worldwide have the false notion that there is some “secret” that they are missing, and that when they finally stumble upon it, they are going to become the calibre of golfer they have always wanted to be.

Sorry to burst your bubble, but that just couldn’t be further from the truth, either. Zig was the one who I first heard say, “The harder you work, and the more you learn about anything, the luckier—or better—you will become at it.” He started his career as a door-to-door salesman, selling pots and pans.

He broke every sales record for this profession that existed. He accomplished this feat by working LONG and HARD. He would start early in the day and work well into the night, nearly every day of the week.

I’ve only shared all of this with you to inform you RIGHT UP FRONT that none of us who are, or have ever been, a good playing professional, got there by luck. Every one of us has worked extremely hard to learn how to do what we can do with a golf ball. Yet, the average golfer believes with all his heart that there is some little secret we should be able to share with him that will eliminate any need for him to practice or work at getting any better.

With that said, I will never say anything different than, “LEARNING HOW TO HIT GOOD CONSISTENT GOLF SHOTS TAKES PRACTICE AND WORK.”

Here is the most important thing you need to know about it, though. Knowing what to practice, and how to practice, are the two things that can make all the difference in the world to you. That is where I come in. The things I share with you will change your golfing ability, and give you an honest chance at making some real improvement.

Here’s What to Do.

How can YOU learn HOW to make your perfectly natural golf swing, day in and day out, whether on the practice range, or on the golf course in a tournament?

One of the best and fastest ways I have ever found to do it for myself, as well as to help my golfers learn to do it, is to go to the driving range and start hitting golf balls WHILE YOU ARE TALKING OUT LOUD.
You don’t have to talk loudly. You may whisper, but you **MUST** be speaking actual audible words. It is best if you talk *about* something in particular. In other words, speak intelligent sentences.

The first thing I hear from my golfers when I suggest doing this is, “*What is that all about, and what good does that do for me?*” That is AFTER they hit a few shots without saying ANYTHING out loud. I’m standing there telling them to talk out loud while they hit some balls, and they start talking as they address the ball. THEN they STOP talking when they start their swing.

You have no clue how strongly I have to insist they do just as I am telling them—**TALK THE ENTIRE TIME** you are making your swing at the golf ball. Everyone feels a bit self conscious when first beginning this exercise, but once they do it for a bit, they begin to see some very nice results.

**Here’s Why It Works.**

The conscious mind is not made to talk about one subject while trying to perform something else. Thus, when we talk about something while we are swinging the golf club, and hitting actual golf shots, our subconscious mind is freed up to simply swing the club *with the natural golf swing* with which we were born—your “practice” swing.

Now don’t go to the range just one time and start saying this doesn’t work. Just like anything else we do in golf—or playing the piano, the guitar, the violin, etc.—it takes some practice time. If you will be patient and do this on several occasions, you will begin to see a huge difference in the way your game progresses on the golf course.

It doesn’t matter what you talk about, but you must learn to talk to either yourself, or someone else, while you are hitting golf shots. Golfers struggle with it at the start, because they are so conscious of trying to hit and guide the golf ball. They are not willing to just turn loose and swing, carefree.

I hope you caught that one. You need to learn how to stop attempting to hit the golf ball perfectly and to control it. Just allow your subconscious mind to start swinging the club, just as it does when you are making practice swings. Let the golf ball fly wherever it wants during this exercise. That is a VERY important part of the process, if you are going to make the improvement you are are wanting to see.
There are actually two parts to this learning exercise. First of all, it is designed to help you begin to see how ball conscious and how ball focused you are. Don’t feel bad, though, that is the main trouble we all have to work through in this game. When we are so ball focused, we block the subconscious mind from producing our natural golf swing.

As I stated earlier, I have yet to meet the first golfer who hasn’t commented on his or her concern for not being able to “take it to the course”. It doesn’t do us a lot of good to be able to hit the shots we want on the range, and then we can’t take it to the course. After all, that is why we are willing to spend all that time on the range in the first place. We want to be able to play better on the golf course.

What Can Go Wrong
(and how to fix it so it works for you)

Every student I have ever had talk while hitting balls for me in a lesson on the driving range, starts out miserably failing this exercise. They have trained their mind so strongly to control every aspect of the golf swing, and the shot, that they just refuse to turn loose and simply swing the club, without any expectations.

We all have expectations of doing well. We all want desperately to be able to control all of our golf shots. That is just human nature. We are all control freaks! Take a moment to go on a short journey with me. When I was a young professional, I struggled with this same issue. I could play lights out on the driving range, or even when I was on the golf course by myself. However, put me in a tournament, and I went nuts!

One day I had gone to play in a tournament, and on the very first hole I took a bogey. That didn’t make me very happy, but we all get a bogey now and then. Then the second hole somehow jumped out of a dark closet and bit me right in the butt, and I took another bogey.

I was really HOT by then, and I remember going to the third tee box thinking that a birdie on this easy par 4 hole would help me get this thing turned around. In my desperation to make a birdie, I really stepped in a pile of dog doo-doo. I fired a smooth double bogey on that hole, and, as I said, it was a fairly easy hole.
I’m sure none of you have ever been where I was right at that moment, but all that was on my mind at the time was to find the nearest trash can and proceed to break all fourteen clubs over my knee, and toss them into the garbage.

It wasn’t a very pretty picture, and today I am not very proud of it. Well, I didn’t actually break any of my clubs, or toss any of them into the trash. Quite to the contrary, one of the best lessons of my entire career somehow popped into my mind.

As I approached the fourth tee box, I suddenly had the thought flood my mind, “Now that you have already trashed this whole round, Darrell, you might as well just relax and have a good time, enjoying this beautiful golf course.” It was one of my favorite golf courses, and that was part of the reason for the pressure I had put on myself. I really wanted to be the pro that would win this particular tournament.

Now, however, all my hopes were in the toilet, so to speak, so I went to the fourth tee without a care in the world. It was then that I remembered a college tournament I had played in years earlier. I had done my best to not even go to the event, but my older brother pretty much forced me to go, since we only had enough players to field a legal competitive team.

Reluctantly, I went to that tournament, but I only took five clubs in my hand: a 4-wood, 5-iron, 7-iron, a pitching wedge, and a putter. I took one golf ball, wore tennis shoes, took no golf glove, and didn’t take any tees, or a golf bag. I didn’t want to go to the event, because I was shanking, slicing, and playing terribly. Plus, with my lightning quick temper, it was all I could do to not break my entire set of clubs and throw them away.

My brother and I got paired together, and when it was my turn to tee it up—the first hole was a par 4—I threw my only golf ball onto the turf, within the teeing area, and started whistling. I whistled a tune I liked during my rehearsal swing, throughout my actual shot, and all the way down the fairway.

I played the entire eighteen holes whistling—obviously, not while anyone else was making their shot—and shot an even par 72. I won the event by two strokes, and my brother and I still laugh about it. I had NEVER been so carefree in my entire golfing career.
To make a long story short, I started whistling and laughing, and literally not giving a rusty royal rip about the remaining fourteen holes. I ended up with a couple of eagles and a pot full of birdies, and I won that event with a smooth little 68—four under par—for the day. That was after bring 4 over par through three holes of play!

That was the beginning—and I literally to mean the very beginning—of my being able to start to learn how to play good, consistent golf under pressure. It took several years of good and bad experiences before it all sank into my thick skull, but that was only because I continued to miss the biggest clues for so many years.

I am completely self taught, so I didn’t have anyone handing me information like this to study. I don’t know if that would have helped, either, though, because I was like most other golfers I’ve seen throughout the years. I thought I knew it all, and could do it all on my own. I did in fact do it all on my own, but that was definitely taking the long way around to get where I wanted to be.

The second aspect of this training exercise is to help you learn how to relax and trust your golf swing, without being so concerned about where the golf ball is going to go. That one is the number one reason for all our stumbling and failures in the game, believe it or not. We all think we have the ability to hit the ball perfectly, but none of us does. We pros hit it pretty much where we want to, but even we don’t do it all the time.

The simple fact that we all want to do our best causes us to do things which we think should make it possible to control our golf shots, but those very notions and feelings are what stops us from succeeding. It is quite an oxymoron. The things that seem to be the wisest and seem to be the best way to hit and control a golf ball, are the very things which are causing us all to fail.

It has always amazed me how my old high school and college basketball coaches would take us into the back room at half time and proceed to gnaw on our butts until it felt like we would surly bleed to death before the second half of the game even started. If we weren’t playing up to snuff, we were called names we probably wouldn’t call our worst enemies, and THIS was supposed to help us get our head out of our hind end and play better. Boy! Is that ever a screwed up way of thinking.

All it really did was make us try harder, and thus perform even worse. My senior year of high school I played under a coach like that, and we ended up at the bottom of our
league. During the regular season, I got the other starters to attend our church, so they could play in our church’s annual state tournament.

To make another long story short, the gentleman from the church who coached us in that tournament just told us to go out and have a good time. He simply wanted us to play “for the fun of playing”, no matter what the results.

We did just that. We were running, shouting, laughing, and shooting the basketball. There was a team out of Oakland, California, who had done the same thing we did. Their first string team, which had coincidentally won the California State High School Basketball Championship, all went to church, so they could win this championship, too.

Well, we were so relaxed, because we just wanted to have fun and play the game of basketball, that we beat that team, and became the California Champions for that year. It didn’t dawn on me until many years later, that we were able to play our best, because we weren’t putting ourselves under any pressure. We were just relaxed and having a great time.

When you are out hitting golf balls while talking out loud, don’t have any set goals or have any specific targets. Just try your dead level best to NOT try to help any of your shots do anything special. Learn to let the club make contact with the golf ball, without you making sure it does.

In other words, if you are totally relaxed and keep hitting the balls on the toe of the club, just sneak up a bit closer to the ball, instead of trying to help the club get on the ball. If you are consistently slicing the ball, try closing the club a bit in your hands, but don’t change anything you are doing with your natural swing.

The opposite applies if you are hooking the ball. Just open the face a little in your hands and the ball will more than likely straighten itself out. Either of these is only true, though, if you make certain you maintain your “natural” swing, and do not attempt in any manner to correct your shots.

Remember, while you are making these physical changes in your grip, do not stop talking to yourself out loud, or at least in an audible whisper. Don’t concern yourself with alignment, or position “at the top,” or anything else. This exercise is strictly for the purpose of showing you how to swing the club and make consistent contact with the golf
ball, *without you having to think about it*, or without you trying to help make sure it will take place properly.

In closing I am going to tell you the number one reason for any failure in this exercise, or any other. Golfers will not experience perfect contact or a perfect golf shot on the VERY FIRST swing, and in their heart and mind they will say to themselves, “I knew this wouldn’t work, especially (or, at least) for me. No use me doing this any longer.” They give up on their very first try, and, as a result, they never get to experience the pleasure of finding sweet success.

Don’t be a quitter! Remember NOT ONE OF US PROS HAS GOTTEN WHERE WE ARE BY GIVING UP. When everyone else was off doing their own thing and having fun, we were at the practice range swinging a club, working our back side off, in an attempt to learn how to do this. HOWEVER, now that we can do it well, everyone likes to think it fell on us like ripe apples off a tree, and we didn’t have to work for it. NONE OF US has ever been so fortunate, so don’t think you won’t have to work for it, also.

Playing better golf is all a mater of how much you REALLY want it. Now, go out there and start using YOUR NATURAL, GOD-GIVEN, GOLF SWING! And have more FUN!

All the best,

Darrell Klassen

“Darrell is the hero of all older golfers everywhere.”

After playing golf for over 55 years, and suffering osteoarthritis so bad, he’s had both knees and hips replaced... Darrell may have lost a few yards off the tee, but he still shoots under par and has a great time doing it. In over thirty years of playing high-stakes “private betting” professional golf, Darrell has never lost. Beating ‘kids’ half his age (Darrell’s got clubs older than some of his competition)

These days... Darrell gets a real kick out of teaching. Helping older, ‘past our prime’ golfers, that may have struggled for years, play better golf and have way more fun. It all comes down to finding your natural swing, letting go of the “fog” of information you’ve had in your head all your life. Darrell can help you make golf easy, simple and fun.

For More Resources from Darrell

* 4 Easy Steps to Great Golf
* How to Hit Your Power Point
* Short Chipping Secrets Game
* Putt Like the Pros
* How to Hit Longer and Straighter

www.DarrellsGolfTraining.com